

TEAM SPRINT REGULATIONS – SUNDAY MARCH 16th

1. Eligibility :

- a. Teams must be comprised of members of the same sanctioned club to be eligible to compete; results contribute to club aggregate totals. Training centres, industry teams, etc. are not eligible to enter teams.

2. Categories :

- a. CCUNC Team Sprint Men (any combination of ages of CCUNC-eligible university students)
- b. CCUNC Team Sprint Women (any combination of ages of CCUNC-eligible university students)
- c. Challenge Team Sprint Men (juvenile &/or junior boys)
- d. Challenge Team Sprint Women (juvenile &/or junior girls)
- e. Open Team Sprint Men (no restriction on the age of the skier)
- f. Open Team Sprint Women (no restriction on the age of the skier)

3. **Format:** For each category, format used will be 2 skiers each skiing 3 laps, as per CCC Rules and Regulations, art 361.1. Waxing pits are not permitted and skiers may receive no outside assistance with ski adjustments during the race.

4. Heats:

- a. For CCUNC, there will be only Finals, unless the number in either category exceeds 20, in which case there will be Semi-finals and a Final of 10 teams.
- b. For Challenge and Open club teams, the number of teams in a Semi-final will not exceed 20.
- c. Finals will consist of 10 teams, based on the first 5 finishing teams in each Semi-final. In the event of a third Semi-final in any category, the final will consist of the first 4 finishing teams in each Semi-final.
- d. All teams in the final will be placed in the results list according to their rank in the final. Those teams which do not advance to the final round will be placed on the results list so that each team with the same rank in their heat will be given a ranking for the next available rank on the result list. As an example if 5 teams from two semi-final heats advance to the final then the teams ranked 6th in each heat will be given the rank of 11th and 12th according to their time in their respective semi-final heats, the teams ranked 7th in each heat will be given a rank of 13th and 14th etc. in the final results.



5. Seeding:

- a. Seeding will be based on the club's team result from 2007 Nationals team sprint results, applied only to the club's first team.
- b. Seeding of the other teams will be done by the Sprint CPL of the team members (total of the 2 individual's Sprint CPL).

6. Team submission rules:

- a. Open, Challenge and CCUNC sprint teams must be submitted to the Race Office at the venue by 12:00 noon, March 15, 2007.
- b. Forms for team submission are available through www.skinationals.com and will also be handed out at the Team leaders' information session, on March 14, 2007.
- c. Each team must be composed of 2 skiers and may have one spare.
- d. As per CCC Rules and Regulations art 361.3.2, a change of team composition may be made up to two hours before the start, which means by 08:00 AM March 16, 2007. However, the team will lose its starting position and will have to start at the end of the field. If more than one team has to be placed at the end of the field, the starting order at the end of the field will be the same as the original starting order. The original starting positions will be left empty.

