Squamish Nordic Ski Club

Submit to: Treasurer, 102-38551 Loggers Lane, Squamish, BC, V8B 0H2
or drop off at the Adventure Centre

✸ 2008 – 2009 Youth Programs ✸

Sundays, Starting January - dates TBD

Discounted equipment rentals available at the Nordic Venue

Biathlon Bears - Jan, Feb

The sport of biathlon combines cross-country skiing with rifle marksmanship. The program focus is to give older kids with novice to intermediate skiing ability the opportunity to learn the basic skills of biathlon in a safe and fun environment. The program uses laser rifles and air rifles. 8 sessions

8-13 Years $150

Ski Hoppers - Feb, Mar

Nordic Combined brings cross-country and ski jumping together into one sport. The focus of the Hoppers program is to give older kids with novice to intermediate cross-country skiing ability the opportunity to learn basic jumping skills through development of balance and coordination in altered terrain activities such as bicycle bumps, rollers, snow bumps, ski cross, and other wacky activities using "free heel /cross-country" equipment to jump. 4 sessions

8-12 Years $50

Family Name:

Address:

Postal: Home: Work:

Email: Cell:

Name	Date of Birth	Biathlon	Ski Hoppers	Fee
1.				
2.				
3.				
4.				
			Total	